



**Please return by
Friday October 21st!**

**A YUMMY NOVEMBER MENU FOR
PRECIOUS PROMISE ACADEMY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
	<p>Hot: Cheese Tortellini w/Tomato Sauce, Cauliflower Crunch, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey Stackers, Veggies & Hummus, Fresh Fruit</p>		
7	8	9	10	11
<p>Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">VPK CLOSED</p> <p>Hot: Turkey & Cheese Enchiladas, Brown Rice & Black Beans, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Lean Beef Meatballs w/Tomato Sauce, Roasted Corn, Fresh Fruit</p> <p>Cold: Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">VPK CLOSED</p> <p>Hot: Jayno's Pizza, Baked Veggie Chips, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>
14	15	16	17	18
<p>Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>	<p>Hot: Breakfast for Lunch – Waffles, Eggs, Fresh Fruit</p> <p>Cold: Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p>	<p>Hot: Arroz con Pollo, Baked Plantains, Fresh Fruit</p> <p>Cold: Turkey & Provolone Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Jayno's Pizza, Baked Veggie Chips, Fresh Fruit</p> <p>Cold: Turkey Stacker, Veggies & Hummus, Fresh Fruit</p>
21	22	23	24	25
<p>Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>	<p>Hot: Cheese Tortellini w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey Wrap, Baked Chips, Fresh Fruit</p>	<p style="text-align: center;">VPK CLOSED</p> <p>Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey Wrap, Baked Chips, Fresh Fruit</p>	<p>No Yummy Lunches</p> 	<p>No Yummy Lunches</p> 
28	29	30	<p>*Please circle the menu option you want for each day.</p> <p>Students Name: _____</p> <p>Teacher/ Room Number: _____</p>	
<p>Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>	<p>Hot: Rigatoni w/Lean Beef & Eggplant Bolognese, Tuscan Roasted Veggies, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>	<p>Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>		